

COMMUNITY RESOURCE CONNECTIONS

Finding Food Resources

- **Hunger Solutions from the Food Group**
 - Resource connection for folks looking for food support
 - Find Help Map: <https://www.hungersolutions.org/find-help/>
 - Hunger Solutions Helpline: 1-888-711-1151
- **Second Harvest Heartland**
 - Care Center: Food resource navigation 8:00am-4:30pm Monday-Friday with support offered in English, Spanish, Hmong and Somali (interpreters available for other languages).
 - Call or Text 866-844-3663.
 - Email: shhcarecenter@2harvest.org
 - Website: 2harvest.org/carecenter
 - Food Map: https://2harvest.service-now.com/care_center?id=food_map

Navigating changes in SNAP benefits

- **Mid-Minnesota Legal Aid**
 - Public Benefit Attorneys and staff can assist individuals with navigating denied, terminated, or reduced benefits at no cost.
 - 1-877-696-6529
 - <https://mylegalaid.org/how-we-help/public-benefits/>
- **Second Harvest Heartland**
 - Care Center: Food resource navigation, including SNAP applications, 8:00am-4:30pm Monday-Friday with support offered in English, Spanish, Hmong and Somali (interpreters available for other languages).
 - Call or Text 866-844-3663.
 - Email: shhcarecenter@2harvest.org
 - Website: 2harvest.org/carecenter
 - Food Map: https://2harvest.service-now.com/care_center?id=food_map
- **SNAP Application Appeals**
 - To appeal, contact MN Dept of Human Services office at 651-431-3600

Prepared Meal Programs

- **Open Hands Midway**
 - Free prepared meals Mondays 12 pm to 2 pm (in addition to other food distribution efforts)
 - <https://www.openhandsmidway.org/programs>
 - 436 Roy St. N, St. Paul, MN 55104
- **Loaves and Fishes**
 - Congregate dining offered at specific locations and times
 - <https://www.loavesandfishesmn.org/find-a-community-meal/>

COMMUNITY RESOURCE CONNECTIONS

- **Metro Meals on Wheels**
 - o <https://meals-on-wheels.com/>
 - o 612-623-3363

East Metro Food Resources

- **Keystone Community Services (St. Paul)**
 - o Food Shelf: 1800 University Ave W., St. Paul, MN 55104
 - Food shelf participants are served on a first come, first served basis during the hours listed below.
 - <https://keystoneservices.org/food-shelf/>
 - 651-917-3792
 - o Grocery Delivery Program: Focused on Seniors 65+ years old and/or adults with disabilities that cause mobility issues in accessing food. Offers monthly food delivery to certain zip codes.
 - Please call 651-645-0349 for more information
 - <https://keystoneservices.org/seniors/grocery-delivery/>
- **Open Cupboard (Oakdale/Maplewood)**
 - o 8264 4th St N, Oakdale, MN 55128, Serving everyone and requiring no documentation
 - o Drive-Up Program: By appointment only on Thursdays and Fridays for monthly pick up of fresh produce, meat, dairy, and non perishable items.
 - Call 651-300-5040 or schedule an appointment online:
<https://app.pantrysoft.com/login/opencupboard>
 - o Today's Harvest: Free market offering 1-2 day's worth of food including fresh produce, meat, deli, dairy, and bakery goods.
 - 8264 4th St N, Oakdale, MN 55128 and 1740 Van Dyke St, Maplewood, MN 55109
Hours: Monday – Friday 12pm-6pm and Saturday 10am-1pm
- **Fruit of the Vine Food Shelf (located within First Covenant Church in St. Paul)**
 - o No appointment needed. Client choice of curbside shopping or pickup.
 - o 1280 Arcade St, St Paul, MN 55106, USA within First Covenant Church
 - Tuesdays 3pm- 6pm, Friday 11am to 1pm (crisis appointment orders), Saturdays 9am to noon
 - 952-595-5980, check for updates on Facebook page!
- **North St. Paul Area Food Shelf (North St. Paul)**
 - o Client Choice, Appointments, Table of food outside M-F (Free for All), Monthly bag of food (Changes Monthly). No appointments on Wednesday, just walk ins.
 - Monday to Friday 10:30 am -1pm at 2266 2nd Street North, North Saint Paul, MN, USA
 - 651-770-1309

COMMUNITY RESOURCE CONNECTIONS

- <https://www.nspafoodshelf.org/>
- **Neighbors, Inc. Food Shelf (South St. Paul):**
 - Offers appointments for weekly food distribution (including in-person, delivery, and curbside pickup) Tuesdays and Thursdays 1pm to 3pm
 - 222 Grand Ave W, South St Paul, MN 55075, USA
 - Call to make an appointment: 651-455-5000
 - <https://www.neighborsmn.org/food/>

West Metro Food Resources

- **Pillsbury United Communities: Food Shelf and Distributions (South Minneapolis)**
 - Waite House Community Center:
 - 2323 11th Ave S., Minneapolis, MN 55404
 - 612-721-1681
 - 2nd, 3rd, and 4th Wednesdays of the month: 10am-1pm
 - Brian Coyle Center:
 - 420 15th Ave S., Minneapolis, MN 55454
 - 612-338-5282
 - 1st and 3rd Thursday of the month: 12-2pm (in PUC Food Shelf)
 - 4th Thursday of the month: 12-2pm (by the Second Harvest mobile truck in the parking lot)
- **Groveland Emergency Food Shelf**
 - 1900 Nicollet Ave S, Minneapolis, MN 55403
 - Offers up to three visits a week
 - Monday Wednesday, Friday: 10 am-1 pm Tuesday and Thursday- 1 pm-4 pm
- **NEAR Food Shelf**
 - 5209 W Broadway, Crystal, MN 55429
 - (763) 533-2836
 - Individuals may call between 9:00am to 12:00pm weekdays for same day appointment. Food pickup appointments are scheduled between 1:00pm to 4:20pm Monday- Friday. Clients are allowed to visit NEAR twice a month.
- **NorthPoint Health and Wellness Center**
 - 2220 Plymouth Ave. N., Minneapolis, MN 55411
 - Food Shelf: Offering weekly shopping for food, household items, and more
 - Mondays and Wednesdays, 10 a.m. to 4 p.m., Tuesdays and Thursdays, 10 a.m. to 7 p.m.
 - Free Fresh Food Fridays: 2nd and 4th Fridays of the month May through September, 9:30 am until supplies run out



COMMUNITY RESOURCE CONNECTIONS

- NorthPoint main campus, north parking lot, corner of Penn Ave N & 14th Ave N