

COMMUNITY RESOURCE CONNECTIONS

ESRD

Health and Wellbeing

- **Dialysis Patient Citizens (DPC):** Open to dialysis and pre-dialysis patients and their families.
 - Phone Number: 1-866-877-4242 or 202-789-6931
 - Email: dpc@dialysispatients.org
 - Website: <https://www.dialysispatients.org/>
- **Life Options Rehabilitation Program:** Offers community building, educational materials, and resource guides. (Available in Spanish)
 - Phone Number: 800-468-7777
 - Email: schatell@mei.org
 - Website: <https://lifeoptions.org/>
- **American Kidney Fund:** Offers health care and support at every step of their disease.
 - Website: <https://www.kidneyfund.org/>
- **National Kidney Foundation:** Offer a variety of online education and materials.
 - Website: <https://www.kidney.org/>
- **Kidney School:** Offers online training modules to learn about navigating kidney disease. (Also available in Spanish)
 - Website: <https://kidneyschool.org/>
- **Home Dialysis Central:** Talk to other home dialysis patients, read patient stories, and locate helpful tools.
 - Website: <https://homedialysis.org/>
- **American Association of Kidney Patients (AAKP):** Access written materials, health-tracking tools, and an Ask-A-Doctor platform.
 - Phone number: 800-749-2257
 - Email: info@aakp.org
 - Website: <https://aakp.org/>
- **United Network for Organ Sharing (UNOS):** Various resources for organ transplants.
 - Website: <https://unos.org/>

Nutrition

- **National Institute of Diabetes and Digestive and Kidney Diseases**
 - Website: <https://www.niddk.nih.gov/health-information/kidney-disease/kidney-failure/hemodialysis/eating-nutrition>
- **DaVita**
 - Website: <https://www.davita.com/diet-nutrition>
 - Kidney Diet Cookbooks at <https://www.davita.com/diet-nutrition/kidney-friendly-cookbooks>
- **Fresenius Kidney Care**
 - Website: <https://www.freseniuskidneycare.com/eating-well>

Support Groups

- **National Kidney Foundation Peers:** 1:1 peer program with mentors who have lived experience with kidney disease
 - Phone Number: 855-653-2273
 - Join Online: <https://nkf.chronus.com/p/p4>
- **National Kidney Foundation Cares:** Offers a Patient Information Help Line, NKF Cares, and general support for people affected by kidney disease, organ donation or transplantation. English and Spanish speakers are available Monday - Friday from 9am - 7pm EST.
 - Phone Number: 855-653-2273
 - Email: nkfcares@kidney.org
- **Online Communities:** National Kidney Foundation communities offer a safe and supportive place where patients and caregivers can share experiences and ask questions. Participation is free and anonymous.
 - Find your Community: <https://www.kidney.org/treatment-support/communities>
- **Renal Support Network:** A nonprofit, patient-focused, patient-run organization that provides non-medical services to those affected by chronic kidney disease (CKD).
 - Website: <https://www.rsnhope.org/>