

COMMUNITY RESOURCE CONNECTIONS

Cancer

Health & Wellbeing

- **American Cancer Society:** Dedicated to eliminating cancer as a major health problem.
 - Website: <https://www.cancer.org/cancer/understanding-cancer.html>
- **Cancer Survivorship Care Plans:** Assist with creating a cancer survivorship plan
 - Web: <https://www.cdc.gov/cancer-survivors/life-after-cancer/survivorship-care-plans.html>
- **Gilda's Club:** Free social and emotional support for everyone currently impacted by cancer
 - Phone Number: 612-227-2147
 - Website: <https://www.gildasclubtwincities.org/>
- **Livestrong:** Support for those navigating cancer and their caregivers.
 - Phone Number: 877-236-8820
 - Website: <https://www.livestrong.org/we-can-help>
- **Pathways-Holistic Healing:** Serves individuals who seek healing for body, mind, heart and spirit.
 - Phone Number: 651-300-2432
 - Website: <https://pathwaysminneapolis.org/>
- **Understand Cancer Together:** Help confidently navigate important conversations & decisions
Find Local support at <https://www.supportnearme.com/>
 - Website: <https://www.understandcancertogether.com/>
- **National Coalition for Cancer Survivorship:** Advocates for quality cancer care
 - Website: <https://www.canceradvocacy.org/>

Cancer-Specific Resources

- **A Breath of Hope Lung Foundation:** Innovative lung cancer research, raise awareness, education, and supports lung cancer patients and families.
 - Website: <https://abreathofhope.org/>
- **Melanoma Research Foundation (MRF):** Find educational resources and support services
 - Website: <https://melanoma.org/patients-caregivers/>
- **SHARE:** Supports, educates, and empowers women affected by breast, ovarian, uterine, or metastatic breast cancer, with a special focus on medically underserved communities.
 - Website: <https://www.sharecancersupport.org/>
- **Us TOO:** Support groups across the U.S. & abroad that help men & their families make informed decisions about prostate cancer.
 - Website: <https://www.ustoo.org/>
- **Colorectal Cancer Alliance:** Empowers allies to provide support for patients & families
 - Website: <https://www.ccalliance.org/>
- **FireFly Sisterhood:** Peer support between those impacted with breast cancer.
 - Phone Number: 612-412-7713
 - Website: <https://fireflysisterhood.org/> (Completed online form to get connected)
- **LUNGevery:** Mentor programs, message boards, connection with patients, survivors, & caregivers

- Website: <https://lungevity.org/support>
- **Facing Our Risk of Cancer Empowered (FORCE):** Improves the lives of individuals & families affected by hereditary breast, ovarian, and related cancers.
 - Website: <https://www.facingourrisk.org/>
- **American Indian Cancer Foundation** – Support to Tribal, Urban Indian, & non-Tribal/Native community.
 - Phone Number: 612-484-9670
 - Website: <https://americanindiancancer.org/>

Financial and Legal Support

- **The 30 Days Foundation:** One-time grants that are paid directly to party owed. Great for rental assistance, medical bills, car payments, etc.
 - Mick@the30-daysfoundation.org
 - <https://www.the30-daysfoundation.org/>
- **Angel Foundation:**
 - Phone Number: 612-627-9000
 - Website: <https://mnangel.org/>
- **Pay It Forward Fund:** Financial assistance for women undergoing breast cancer treatment or other types of women’s cancer.
 - Phone Number: 952-777-5100
 - Website: <https://www.payitforwardfund.net/>
- **Cancer Legal Care:** Free legal care services to Minnesotans dealing with cancer
 - Phone Number: 651-917-9000
 - Website: <https://www.cancerlegalcare.org/>
- **CancerCARE:** Find assistance from organizations providing financial assistance or practical help
 - Website: <https://www.cancercare.org/>
- **Cancer and Careers:** Empowers and educates people with cancer to thrive in their workplace
 - Phone Number: 646-929-8032 -OR- Email: cancerandcareers@cew.org
 - Website: <https://www.cancerandcareers.org/en>
- **Lazarex:** Patient navigators help with the costs associated with clinical trials.
 - Phone Number: 925-820-4517
 - Website: <https://lazarex.org/> (Complete the Inquiry Form from the contact page)
- **Triage Cancer:** Education on practical & legal issues for those with cancer & their caregivers.
 - Website: <https://triagecancer.org/>

Home Cleaning

- **Cleaning for a Reason:** Free home cleaning for patients with cancer.
 - Email: info@cleaningforareason.org
 - Website: <https://cleaningforareason.org/>
- **Cleaning Up for Cancer:** Free home cleanings to residents in the seven-county Minneapolis-St. Paul metro area currently undergoing cancer treatment.
 - Phone Number: 612-232-6573
 - Website: <https://cleaningupforcancer.org/>

Nutrition

- **American Institute for Cancer Research**
 - Website: <https://www.aicr.org/>
- **American Cancer Society**
 - Website: <https://www.cancer.org/cancer/survivorship/coping/nutrition.html>