

# COMMUNITY RESOURCE CONNECTIONS

## ALS

### General

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- **ALS Association**
  - Phone Number: 612-672-0484
  - Email: [InfoMN@als.org](mailto:InfoMN@als.org)
  - Website: <https://www.als.org/>
- **I am ALS**
  - Phone Number: 866-942-6257
  - Email: [gethelp@iamals.org](mailto:gethelp@iamals.org)
  - Website: <https://www.iamals.org/>
- **Everything ALS**
  - Email: [info@everythingals.org](mailto:info@everythingals.org)
  - Website: <https://www.everythingals.org/>
- **Your ALS Guide**
  - Email: [info@yourALSguide.com](mailto:info@yourALSguide.com)
  - Website: <https://www.youralsguide.com/>
- **Synapticure**
  - Phone Number: 855-255-5917
  - Website: <https://www.synapticure.com/>

### Equipment Assistance

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- **ALS Network**
  - Website: <https://alsnetwork.org/>
- **Team Gleason**
  - Website: <https://teamgleason.org/>
- **Compassionate Care ALS (CCALS)**
  - Phone Number: 508-444-6775
  - Email: [info@ccals.org](mailto:info@ccals.org)
  - Website: <https://ccals.org/>

### Support Groups

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- **Minneapolis/St. Paul Metro Area Caregivers, Families, Military Veterans, Patients**
  - Contact: [anne.supplee@als.org](mailto:anne.supplee@als.org) or 612-672-0484

- **Adult Children Resource/Support Group**
  - Contact: [Kristin.Ossenkop@als.org](mailto:Kristin.Ossenkop@als.org)
- **Bereavement & Grief Support Group**
  - Contact: [anne.suppee@als.org](mailto:anne.suppee@als.org) or 612-672-0484
- **Bulbar-Onset ALS Chat Group**
  - Contact: [Kate.Nilson@als.org](mailto:Kate.Nilson@als.org)
- **Family Caregiver In-Person Support Group**
  - Contact: [jennifer.myhre@als.org](mailto:jennifer.myhre@als.org) or 612-672-0484
- **Family Caregiver Virtual Support Group**
  - Contact: [jennifer.myhre@als.org](mailto:jennifer.myhre@als.org) or 612-672-0484
- **Midwest Connect Support Group**
  - Contact: [gloria.rentz@als.org](mailto:gloria.rentz@als.org)
- **Nationwide Connect – Virtual Meeting for Men who are Caregivers**
  - Contact: [tamara.witzigman@als.org](mailto:tamara.witzigman@als.org)
- **Nationwide Connect - Virtual Meeting for Women who are Caregivers**
  - Contact: [tamara.witzigman@als.org](mailto:tamara.witzigman@als.org)
- **Nationwide Connect – Spanish Virtual Support group meeting**
  - Contact: [tamara.witzigman@als.org](mailto:tamara.witzigman@als.org)

## Financial Assistance

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- **ALS Ride for Life**
  - Website: <https://alsrideforlife.org/>

## Nutrition

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- **University of Pittsburgh ALS Center**
  - Website: <https://www.alsclinic.pitt.edu/patient-issues/nutrition-considerations-people-als>
- **Les Turner ALS Foundation**
  - Website: <https://lesturnerals.org/als-nutrition-guide/>
- **Research on supplements and alternative treatments:**
  - Website: <https://www.alsuntangled.com/>