

ORGANIZATION SPOTLIGHT:

PILLSBURY UNITED COMMUNITIES

Pillsbury United Communities (PUC) is a Minneapolis-based nonprofit organization that builds community by co-creating enduring change towards a just society where everyone has personal, social, and economic power. Through a system of neighborhood centers, social

enterprises, and partnerships, PUC offers programs in areas like community health, food accessibility, education, and career development. PUC focuses on empowering historically marginalized and underinvested groups to thrive by addressing systemic barriers like racism and poverty, fostering creativity, connection, and kindness within the community. Learn more at www.PillsburyUnited.org

THANKSGIVING ORDER FORMS

It's almost time for Thanksgiving at Open Arms! We are so excited to celebrate with you. Open Arms is offering all clients the option to order a special Thanksgiving feast, completely free of cost thanks to generous donors. You will be receiving an order form in the mail with more information in the next week. Please send the completed form back by **October 31, 2025**, or complete it online through the link provided on the form!

Please note: Thanksgiving meals are only available for current Open Arms clients who will be on services through the end of November. Meal options may vary based on delivery method.



BREAST CANCER AWARENESS MONTH

October is **Breast Cancer Awareness Month**, a time for us to come together in support and awareness. At Open Arms, we are here for you - standing by our clients who are navigating the challenges of breast cancer. We want to remind you of the importance of early detection, which can make a real difference in treatment and outcomes.

Since 2005, we've had the honor of serving clients who are impacted by breast cancer, providing nourishing meals during a difficult time. In 2006, we introduced our Flavor-Neutral Menu and Nausea Care Packs, specially designed to offer comfort and nutrition to those undergoing treatment. As we observe Breast Cancer Awareness Month, we want to be a source of strength and support for you, and we encourage everyone to share the life-saving benefits of screening with others. We're in this together.

OPEN ARMS ANNOUNCES EXCITING NEW PARTNERSHIP WITH MAYO CLINIC & HOPE LODGE

We're honored to announce a new partnership with Mayo Clinic and the American Cancer Society Hope Lodge in Rochester, Minnesota that will allow us to serve even more clients! Through Mayo Clinic's Community Contributions Program, Open Arms will provide weekly medically tailored meals to Hope Lodge guests undergoing cancer treatment — offering nourishment, comfort, and care. This partnership extends our mission of delivering food as medicine statewide, ensuring that every Minnesotan facing serious illness has access to the meals they deserve. For more information about this program, medically tailored meal access, or partnership opportunities, please contact Open Arms **Business Partnerships Manager Emilie Cagnazzo** at Emilie@OpenArmsMN.org.



 Open Arms meals for clients aged 60 and older are significantly supported by **Trellis** and the **Older Americans Act**. If you'd like to make a donation to help support the meals you receive, please visit openarmsmn.org/donate, send a check to Open Arms (attn: Mary Beth Iverson), or call 612-677-2568 for assistance.



Delivery questions? Contact Client Services at 612-767-7333 or meals@openarmsmn.org.

Nutrition questions? Contact Nutrition Services at 612-540-7759 or nutrition@openarmsmn.org.