

A newsletter for our clients & their loved ones

JULY 2025

ORGANIZATION SPOTLIGHT: NEIGHBORHOOD HEALTHSOURCE (NHS)



Neighborhood Healthsource operates four community clinics that provide affordable & accessible primary care for the whole family no insurance required! They help with: SNAP

Applications, MNsure Applications, Discount Payment Options (Sliding Fee Scale). NHS offers free walk-in Sexual and Reproductive Health Hours Monday-Friday 1-4 p.m. at their Fremont Clinic and Wednesday 1-4 p.m. at their Central Clinic, with free STI testing, birth control education, and safer sex supplies; free and low-cost cancer screening programs; and peer recovery coaches who can offer support with substance use. Call or Schedule: (612) 588-9411, neighborhoodhealthsource.org.



CLIENT SATISFACTION SURVEY

Keep an eye on your mailbox—our Client Satisfaction Survey is on its way! Your feedback helps us improve our services and better support you. As a thank-you, everyone who completes the survey will be automatically entered into a drawing for a \$50 gift card!

CUPCAKES FOR A CAUSE

Cupcakes for a Cause, one of the sweetest events of the year, is back! Encourage your friends and family to satisfy their sweet tooth and support Open Arms at the same time!

From July 10-16, our friends at Lunds & Byerlys (all 29 store locations) will generously donate \$1 from each of their delicious gourmet cupcakes to Open Arms – up to \$10,000! Thank you, Lunds & Byerlys, for being a trusted partner and supporting our clients in so many ways!







THANK YOU FOR JOINING US AT TWIN CITIES PRIDE!

Open Arms had a booth at Twin Cities Pride again this year, and it was a hit! We saw plenty of familiar faces - volunteers, donors, and clients that are part of the Open Arms family - and we also loved sharing our mission with new faces in the community. Check out some highlights from the weekend below!















Open Arms meals for clients aged 60 and older are significantly supported by **Trellis** and the **Older Americans Act**. If you'd like to make a donation to help support the meals you receive, please visit **openarmsmn.org/donate**, send a check to Open Arms (attn: Mary Beth Iverson), or call 612-677-2568 for assistance.

