



# FOOD & FUN HOUR: MENU DEVELOPMENT

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Meeting #3

January 30, 2025  
5pm-6pm

# Group Expectations

- How to interact and discuss via Zoom
- OAM community: all types of affiliations are welcome!
- Code of Conduct
  - We are all coming from different backgrounds and perspectives. Please interact with mindfulness and respect!



# INTRODUCTIONS

**First name & pronouns**

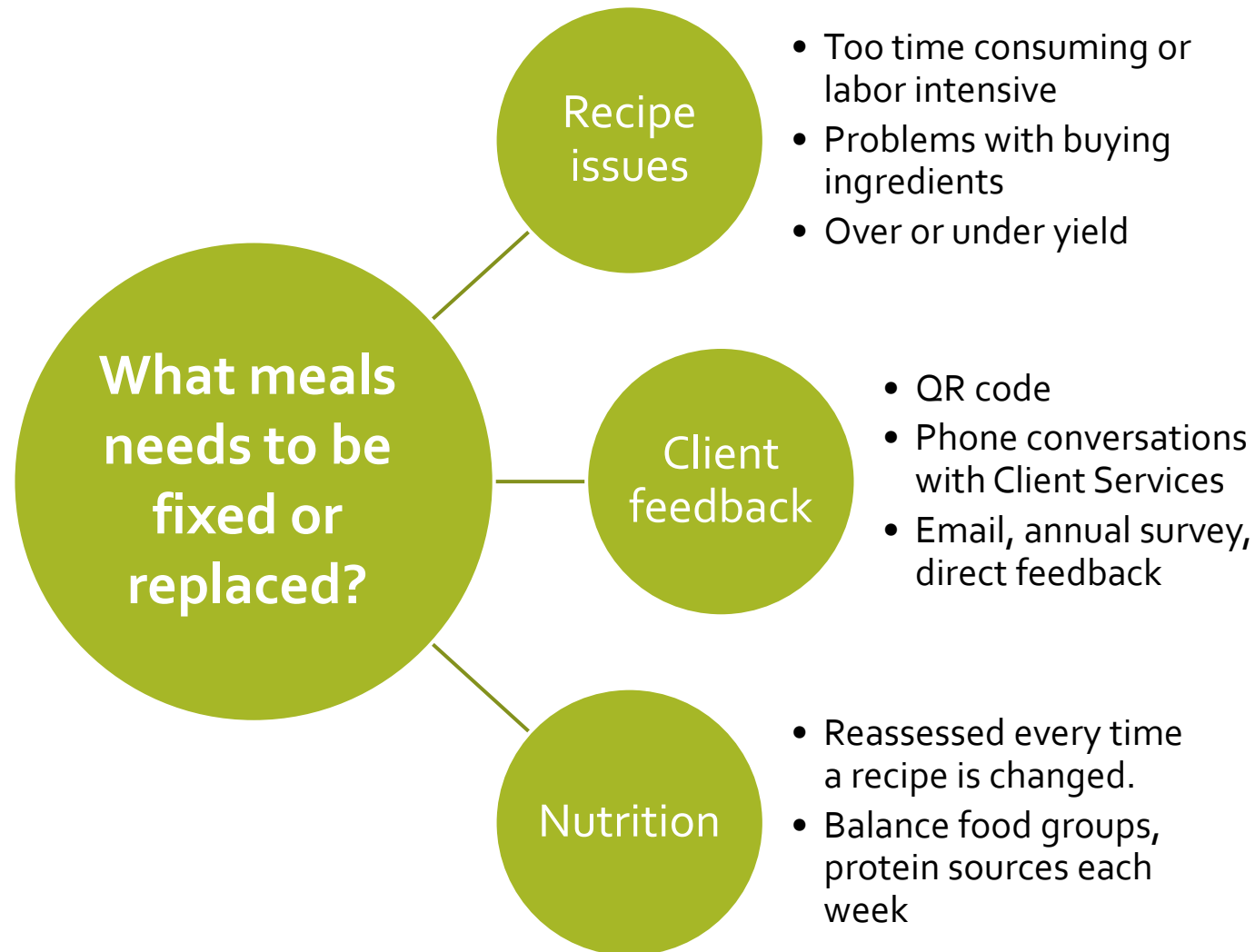


**What are you most curious about with OAM menus?**

# Overall Menu Development

- Who is involved in the process?
- What is considered in creating a meal/menu change?
- Where do ideas come from?
- When + why do changes happen?
- How often do menus change?
- Example of process in next slides!

# Overall Menu Development



# Overall Menu Development

## New menu ideas

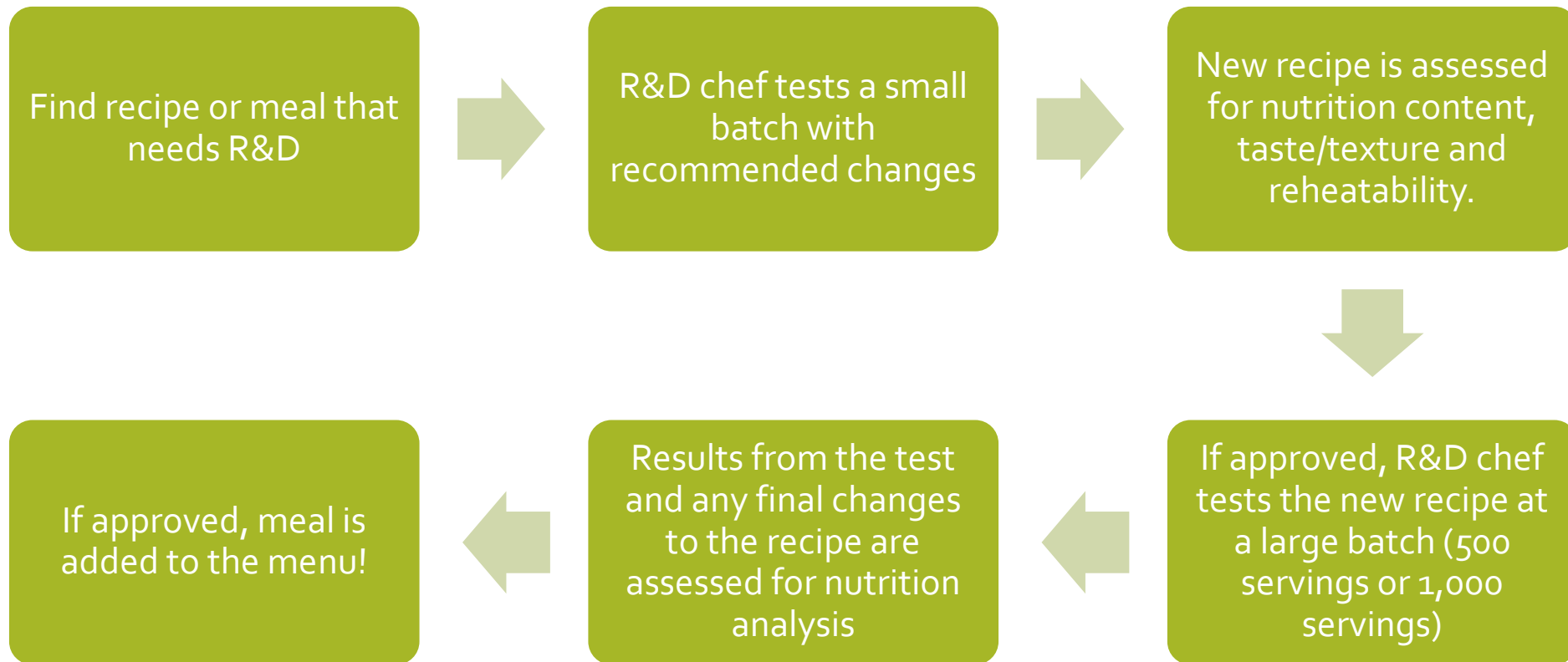
Chefs, kitchen  
managers, and  
other  
staff/volunteers

Open Arms  
recipe archives

Other  
FIMC/MTM  
organizations

Seasonal  
changes

# Overall Menu Development



# Food Feedback Survey



**Purpose:** To check in on clients' satisfaction with food and menus



**Use:** Guides menu development plans and priorities for coming year



**Past Outcomes:** *Menu Refinements* (Flavor Neutral as a softer food option); *Menu Contents* (Fresh vs. Frozen Composition); *Variety* (Meal Changeover Rate – 20% every 6 months)



# FAQ

- How do I change my menu?
- What is the best way to provide feedback besides surveys?
- Can I be on two menus at once?
- Can I request specific meals?
- When should I call Nutrition Services vs Client Services?
- How can OAM accommodate my food allergies?

# Behind the Scenes

- Last minute changes to weekly menu rotation
  - Depends on volunteer numbers, weather, inventory
- Redelivery constraints with smaller menus
  - Vegetarian
  - Gluten and Dairy Friendly
  - Flavor Neutral
  - Cultural Meals Program



# Q & A

Ask Lucy your  
burning  
questions about  
menu  
development!

Isabella and  
Avery can shed  
light on day-to-  
day operations  
with menus!

# Future Discussion Topics

What would you like to talk about in future meetings?

Any guests would you like to see?

Do any of you have a food topic you'd like to present on?





# Contact us!

**Client Services: 612-767-7333**

Mon – Thurs 8:30 am to 4 pm

Friday 8:30 am to 3 pm

[Meals@openarmsmn.org](mailto:Meals@openarmsmn.org)

**Nutrition Services: 612-540-7759**

[Nutrition@openarmsmn.org](mailto:Nutrition@openarmsmn.org)

If we cannot answer your call live, please leave us a detailed message with your name, date of birth, and what we can assist you with!

If we are having a hard time reaching each other, leave a timeframe that would be best for us to call you back.

**THANK YOU FOR JOINING!**