

CULTURALLY RESPONSIVE CAREGIVER SUPPORT & DEMENTIA SERVICES

Culturally Responsive Caregiver Support and Dementia Services is a program through Volunteers of America Minnesota that supports older adults and their caregivers in the underrepresented, BIPOC populations. Their team of social workers and community health workers (CHWs) work directly with families/support networks to provide health monitoring and education, respite care, support groups, and referrals to other support services. Their grant funded, sliding fee services support adult caregiver or informal provider of in-home and community care, so long as they are caring for an adult over 60, a person diagnosed with a disability or anyone with Alzheimer's Disease and Related Dementias. If you are interested in more information, call 952-945-4034 or visit <https://www.voamnwi.org/caregiver-support>

INTRODUCING ONFLEET

Starting January 30th, Open Arms staff and volunteer drivers will start using a secure, HIPAA-compliant application called OnFleet to complete their deliveries! This app allows us to create more efficient delivery routes and provide you with text updates about your delivery. You will receive more information and an opportunity to provide feedback on a flyer you will receive in your delivery in the upcoming weeks. If you have any questions in the meantime, you can always reach Client Services at **612-767-7333** or meals@openarmsmn.org.



LAKEWINDS FOOD CO-OP ROUND-UP FOR OPEN ARMS

Open Arms has been selected as the round-up recipient at Lakewinds Food Co-Op for the month of January! During the entire month, shoppers are given the chance to round up at all three Lakewinds locations - Richfield, Chanhassen and Minnetonka. The funds raised will help support our Open Farms programming in 2025. When you shop at the co-op, you're doing more than buying local, sustainable, and organic food — you're supporting a healthy local food system!



 Open Arms meals for clients aged 60 and older are significantly supported by **Trellis** and the **Older Americans Act**. If you'd like to make a donation to help support the meals you receive, please visit openarmsmn.org/donate, send a check to Open Arms (attn: Mary Beth Iverson), or call 612-677-2568 for assistance.

 **Delivery questions?** Contact Client Services at 612-767-7333 or meals@openarmsmn.org.
Nutrition questions? Contact Nutrition Services at 612-540-7759 or nutrition@openarmsmn.org.

2024: A YEAR IN REVIEW

2024 was a remarkable year for Open Arms of Minnesota, defined by innovation, growth, and a steadfast commitment to community impact. Our annual signature events—Moveable Feast, Plate it Forward (formerly Pop-Up Dinners), the Turkey Drive, TOAST!, Volunteer Appreciation Week, and Twin Cities Pride—brought our supporters together to celebrate and amplify our shared mission. Adding an extra layer of excitement, we introduced a delightful new tradition: The Great Minnesota Bake Sale!

Beyond these cherished traditions, we achieved several significant milestones. We earned accreditation from the Food Is Medicine Coalition (FIMC), a recognition that highlights the exceptional quality and impact of our Medically Tailored Meals (MTM) program. We also released new Nutrition Fact Sheets to empower our clients with a deeper understanding of their meals and launched the East African Menu as part of our growing Cultural Meals Program.

There's so much to celebrate from 2024, and we can't wait to continue serving you in 2025!

