



Open Arms of Minnesota Consulting Opportunity: East African Cuisine Consultant

Culturally Specific Meal Program Consultant – East African Cuisine: This Consulting Opportunity contributes to the fulfillment of Open Arms' mission by providing assistance to a grant-funded, culturally specific meal program to serve the East African community in the Twin Cities and greater Minnesota. Meals are provided to people living with life-threatening illnesses, their caregivers, and dependents.

This multi-phased project will involve the following deliverables:

- Provide Fifty (50) completed culturally appropriate recipes reflecting East African cuisine. Recipes will be reviewed and modified as needed by our Registered Dietitians to meet Open Arms nutritional specifications, and will be made in our commercial kitchens
- Assist our Project Manager deliver Three (3) staff education presentations that provide culturally relevant information about meals and meal preparation, including such factors as: handling practices, butchering practices, specialty ingredients, packaging requirements and/or preferences, and other necessary cultural information and practices
- Assist our Project Manager conduct surveys/focus groups and tasting events and identifying local vendors for ingredients that may not be available from our mainline vendors.

Compensation: \$17,000 as an Independent Contractor. This position is not benefit eligible.

Payment made in installments at completion of specific deliverables with timelines from December 2022 to March 2023. Detailed contractual provisions will be provided to qualified applicants.

Qualifications and Experience:

- Lived experience in or with the relevant community and familiarity with one or more cuisines from the East African region required
- Familiarity with common ingredients and relevant cultural practices
- Experience as chef or home cook preferred

- Ability to work collaboratively with Project Manager and Director of Nutrition Services to complete all phases of project in a timely and satisfactory manner

To Apply: Please send resume or email detailing your detailing pertinent experience by email to via@openarmsmn.org or call Project Manager Yia Yang at 763 773 5702.

Organizational Summary:

Open Arms of Minnesota (OAM) is a nonprofit that prepares and delivers healthy, nutritious food to people living with life-threatening illnesses. Our mission: By providing food as medicine, we nourish our clients and build community. In our state-of-the-art kitchen, OAM staff members and more than 6,600 volunteers create meals specifically designed for our clients' nutritional needs. We use fresh and, whenever possible, organic ingredients, including produce from our own Open Farms gardens. Volunteers deliver the meals throughout the Twin Cities metro area to approximately 3,000 clients, caregivers, and dependents annually, providing nourishment and hope for families dealing with life-threatening illnesses. There are no fees for any of Open Arms' services. Open Arms is a volunteer-driven organization and is culturally unique in our high commitment to an excellent volunteer experience.

To learn more, visit www.openarmsmn.org

Open Date: November 11, 2022

Closing Date: November 28, 2022