



GET PAID FOR YOUR RECIPES!

help us nourish our neighbors



Open Arms of Minnesota is seeking recipes from **Hmong, Latinx and East African communities** for our Culturally Specific Meal Project!



who we are

Open Arms of Minnesota is a nonprofit organization that prepares & delivers nourishing meals to critically ill Minnesotans and their loved ones, always at no charge.

what we are doing

As part of our Culturally Specific Meal Project, Open Arms is developing accessible, culturally appropriate, and authentically medically tailored meals to serve Hmong, Latinx and East African clients who are disproportionately impacted by severe illnesses, including COVID-19.

get paid for your recipes

Submit your **Hmong, Latinx, or East African recipes** to help us better nourish our critically ill neighbors! For each of your recipes that is **approved and completed**, you will receive \$200. You are welcome to submit more than one recipe!



deadline: September 5th, 2022

The form will no longer accept submissions after this date.

learn more & submit your recipes here:

Scan the QR code or visit: <https://forms.office.com/r/7sVy7e0L1Q>

QUESTIONS?

Contact Yia Yang, Culturally Specific Meal Project Manager at Open Arms



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Learn more about Open Arms of Minnesota at openarmsmn.org